

Jennifer Friedman

In the great tradition of songwriting with a conscience

Program Offerings

Musical Sermons and Presentations

Singing Our Peace: a Musical Contemplation of Living Peace in our Lives

Jennifer's inspiring 35 minute presentation includes discussion of what it means to be a seeker of peace; how this aspiration manifests in our daily lives through interaction with Self and others; and how to become the change we wish to see in the world. Presentation includes performance of three original songs and facilitation of one group song. For churches, Jennifer can also lead a song during the children's message if requested.

Stand Up! Speak Out!

Feminism is not limited to women! If we seek to end sexism and the gender-based violence that can result, we must each become feminists, supporting the "radical notion that all women are created equal." This 30 minute presentation includes three original songs on the topic of gender based inequality and abuse and how it impacts our local communities and society as a whole. A group sing can be facilitated for special occasions ie. Take Back the Night!, End Domestic Violence campaigns, etc.

We Are the Ones We've Been Waiting For!

Everywhere we look, we see evidence of human impact on the planet. Parking lots, highways jam-packed with cars, the glow of street lamps on every corner. At this time more than ever, we are called to stand up for our Mother Earth. This 30 minute presentation combines the elements of peace and justice with practical environmentalism. What can we do to make our world a more free and just society, while also leaving a legacy of conservation for our children? Three original songs are performed and facilitation of one group song.

Jennifer is available for special events, concerts, and children's workshops and can provide service music in conjunction with or separate from the above programs. Please ask for more details

Workshops

Healing through Song and Story

A workshop designed to push through the blocks associated with guilt and grief utilizing various artistic mediums including, but not limited to writing, singing, drumming, and improvisational theatrical exercise. Jennifer facilitates open and honest examination and communication with Self and the group in a safe, exploratory atmosphere. This program is a terrific tool of empowerment for all ages, genders, and groups seeking inner openness or rehabilitation.

Soaring Spirit Song Circle and Dances of Universal Peace

Jennifer facilitates a welcoming song and dance circle for people of all ages and levels of experience. Utilizing traditional spiritual songs and chants from a variety of traditions, and elements of Dances of Universal Peace practice, this Earth centered circle empowers beginners and more advanced singers to explore their voices and experience the inner joy and peace that comes from singing freely with a group. Jennifer uses guitar, drum, percussive toys and acapella singing to lead the group. A song sheet will be provided and no experience is necessary.

www.jenniferfriedman.com

For booking, contact: booking@jenniferfriedman.com or call 303-746-5191